

F-1 OPT Guide

TABLE OF CONTENTS

[General Overview and Eligibility](#)

[Pre-Completion OPT vs. Post-Completion OPT](#)

[Direct Relationship to Major Area of Study](#)

[How to Apply](#)

[When to Apply](#)

[Selecting a Start Date: Post-Completion OPT](#)

[OPT Application Process](#)

[USCIS I-765 Application Processing](#)

[USCIS I-765 Application Approval](#)

[Reporting Employment](#)

[Reporting Requirements During OPT](#)

[Unemployment](#)

[Maintaining Records During OPT](#)

[Travel and Post-Completion OPT](#)

[Frequently Asked Questions](#)

General Overview and Eligibility

Optional Practical Training (OPT) is an optional benefit for F-1 students that is intended to provide hands-on practical work experience in the United States in a job directly related to the student's academic program. OPT is available to F-1 students either while completing their program of study (pre-completion OPT) or upon completion of their program of study (post-completion OPT).

To be eligible to apply for OPT, you must have been lawfully enrolled on a full-time basis for one full academic year. You must also currently be maintaining a full-time program of study and valid F-1 status.

OPT allows you to work in a job that is directly related to your major field of study. You do not need to have a job offer prior to applying for OPT.

You are eligible for a total of 12 months of standard OPT at each educational level. If you previously participated in OPT, you may be eligible for an additional 12 months of OPT only at a higher educational level. For pre-completion OPT, part time work (at least 20 hours per week) counts towards the maximum 12 months. Post-completion OPT students must work full time.

Certain students who earn a qualifying degree in science, technology, engineering, and mathematics (STEM) may be eligible for an additional 24 months of OPT time in addition to the standard 12-month OPT. Refer to the [MUSC F-1 OPT STEM Extension Guide](#) for more information on the OPT STEM extension.

OPT requires adjudication by the U.S. Citizenship and Immigration Services (USCIS). This means that you must submit an application to USCIS. If USCIS approves the application, you will receive an employment authorization document (EAD card).

Pre-completion OPT vs. Post-completion OPT

When applying for OPT, you must choose between pre-completion and post-completion OPT.

Students who participate in pre-completion OPT:

- Cannot work more than 20 hours per week while school is in session
- Can work more than 20 hours per week while school is not in session
- Are not subject to the unemployment provisions
- Can receive an F-1 program extension
- Are not eligible to apply for the OPT STEM extension

Students who participate in post-completion OPT:

- Must work at least 20 hours per week in a qualifying position
- Are limited to a total of 90 days of unemployment
- Cannot receive an F-1 program extension
- Are eligible to apply for the OPT STEM extension (with qualifying degree)

Direct Relationship to Major Area of Study

OPT employment authorization allows you to obtain employment in a job that is directly related to your field of study for which OPT was granted. If your OPT is approved, you will be responsible for providing the MUSC Center for Global Health with information related to your OPT employment, including a description of how your job relates to your major area of study. MUSC, as the continuing sponsor of your F-1 status, is required to report this information to the federal government accordingly.

You do not need to have a job in order to apply for OPT authorization from USCIS. If your OPT is approved, you will provide this explanation when you verify your OPT employment (see Reporting Employment section below).

How to Apply

The first step is for you to complete the Optional Practical Training request through your Terra Dotta portal. Once this request is approved and processed, the Designated School Official (DSO) in the Center for Global Health will provide you with an updated Form I-20 requesting OPT.

Once you have received the updated OPT Form I-20, you must then complete USCIS Form I-765, Application for Employment Authorization, and submit this form to the U.S. Citizenship and Immigration Services (USCIS) along with several supporting documents. You must also pay the USCIS filing fee for the I-765 application. As the F-1 student applicant, it is your responsibility to complete and submit this application.

Refer to the OPT Application Process section below for more detailed information on requesting the OPT Form I-20 and the step-by-step USCIS I-765 application process.

When to Apply

There are several important deadlines and time restrictions related to the USCIS OPT application process:

- Pre-completion OPT: Students may file the OPT application with USCIS up to 90 days before being enrolled full-time for one academic year or 90 days prior to the requested employment start date for students who have already met the academic year requirement.
- Post-completion OPT: Students may file with USCIS up to 90 days before the program completion date.
- The OPT application must be received by USCIS within 30 days of the date of issuance of the OPT Form I-20.
- The OPT application must be received by USCIS no later than 60 days after the program completion date.

It is very important that you adhere to these deadlines and plan ahead accordingly. If you file your application too early or too late (even by one day), USCIS may deny your application. Pay special attention to the requirement that USCIS receives your I-765 OPT application within 30 days of the date of issuance of the OPT Form I-20.

Estimated USCIS processing times for OPT applications can be found on the [USCIS case processing times website](#). USCIS processing times are highly variable and subject to change at any time. Note that the estimated processing time does not include the time involved in receiving the EAD card in the mail. Please be aware that **you cannot begin working until USCIS has approved your application *and* you have received your employment authorization document (EAD card) with a current start date.**

Selecting a Start Date: Post-Completion OPT

For post-completion OPT, you may choose a start date as early as the day after your F-1 program completion date (found in item 5 on your Form I-20). Your chosen start date can be no later than 60 days from your F-1 program completion date. You will not be able to change the OPT start date after you have submitted the OPT application.

If you have a job offer, and you want to be able to start working immediately following your program completion, you should choose a start date that falls soon after your program completion date. If you do not have employment lined up, and you are not confident that you will find a job soon after graduating, you may want to select a date closer to the end of the 60-day period following your program completion date.

When selecting a start date, please keep in mind that you will not be able to begin working until your I-765 has been approved by USCIS, you have received your EAD card from USCIS, and the start date on the EAD card has been reached. You should take into account when you plan to apply for OPT and the estimated USCIS processing time when selecting a start date.

OPT Application Process

STEP ONE: Submit Optional Practical Training Request through Terra Dotta

The [Optional Practical Training request](#) is accessed through your Terra Dotta account. You will be required to complete a questionnaire, upload certain documents, read learning content, and provide a letter from your academic advisor stating that you are in good academic standing and the expected date of your academic program completion.

If your OPT request is approved, the Designated School Official (DSO) in the Center for Global Health will issue an OPT Form I-20. You will be notified via email if your request is approved.

IMPORTANT: Do not submit the I-765 application to USCIS until you have received the OPT Form I-20.

STEP TWO: Complete and submit USCIS Form I-765 Application for Employment Authorization

USCIS Form I-765 can be found online at www.uscis.gov/i-765. USCIS Form I-765 is used for a variety of employment authorization applications (not just for F-1 students requesting OPT).

You must thoroughly read the USCIS Instructions for Form I-765 found on the USCIS I-765 website. Be sure to read the instructions that pertain to F-1 students so that you can complete the form correctly.

Tips for completing Form I-765:

- Part 2: U.S. Mailing Address – Use an address where you will be able to obtain mail for the next several months. If you change your mailing address while your OPT application is pending, this could cause issues.
- Part 2: Question 27 Eligibility Category
 - Pre-completion optional practical training: (c)(3)(A)
 - Post-completion optional practical training: (c)(3)(B)
- Part 6: Additional Information – include evidence of previous CPT or OPT (see *Instructions for Form I-765* page 8)
- Include all 7 pages of the Form I-765 in your application
- Answer all questions thoroughly and accurately (see #3 on page 20 of *Instructions for Form I-765*)
- Refer to the Instructions for Form I-765 for details on the supporting documents you are required to submit with the I-765 application

There are currently two ways to submit the OPT I-765 application to USCIS:

1. Paper I-765 application
2. Online I-765 application

Online I-765 Application Submission

If you want to submit your I-765 online, you will click the 'File Online' button on the [USCIS I-765 website](#). You will be required to create a USCIS account before you can proceed with the I-765 online application. If you submit your I-765 online, you will be able to track your application through your USCIS account.

If you choose to submit the I-765 application online, we recommend that you complete the paper Form I-765 first and review your information to ensure that everything is correct and complete. You can then use the paper Form I-765 to help you fill out the I-765 online application. You do not need to submit the paper I-765 to USCIS if you are submitting your I-765 application online.

For the online submission, pay close attention to the supporting document requirements and ensure that all of your documents are in the correct format.

Paper I-765 Application Submission

If you choose to submit the I-765 paper application, refer to the [USCIS Direct Filing Addresses for Form I-765](#) to determine the specific address where you should submit the application. Click the Foreign Students section header on this page.

You will notice that there are two addresses provided in the instructions – one for U.S. Postal Service, and one for express mail and commercial courier service (such as FedEx or UPS). Be sure to use the correct address, depending on the service you choose to use to submit the application. We highly recommend that you use a trackable service so that you can receive confirmation that your package has been delivered to USCIS.

If you are submitting the paper application, you must ensure that your application includes a complete Form I-765 along with all required supporting documentation and payment for the application. USCIS changes the versions of its forms from time to time. USCIS can also change the filing fee amounts at any time. Therefore, we highly recommend that you check the [USCIS I-765 website](#) and the [USCIS fee calculator](#) *on the day that you are submitting your paper application* to be certain you are using the correct form edition and submitting the correct fee. You should print the USCIS fee calculation sheet on the date of mailing to include with your application. Make sure the printout sheet includes the date (typically in the header or footer).

USCIS I-765 Application Processing

After USCIS receives your application, you will receive a receipt notice from USCIS (Form I-797) with your case number. If you submit the I-765 application online, you should receive the case number immediately. You should also be able to access your case number and track your application through your USCIS account. If you submit the paper I-765 application, you should receive the paper receipt notice in the mail in a few weeks after submission.

USCIS I-765 application processing times are highly variable and subject to change at any time. You can view currently estimated USCIS processing times on the [USCIS case processing times website](#).

USCIS currently offers the I-907 premium processing option for F-1 students filing the I-765 for OPT employment authorization. This means that you have the *option* of requested expedited service for an additional fee. To request premium processing service, you must submit USCIS Form I-907, Request for Premium Processing Service, along with the USCIS Form I-765. Refer to the [USCIS I-907 website](#) for current information on the I-907 fee. USCIS fees are subject to change at any time.

REMEMBER:

You cannot begin OPT employment until you receive your EAD card from USCIS.

and

You cannot begin OPT employment until the start date on your EAD card.

USCIS I-765 Application Approval

If your I-765 application is approved, you will receive USCIS Form I-797 Notice of Action approving your OPT employment authorization along with an employment authorization document (EAD card). The dates that you are approved for OPT employment authorization will appear on the EAD card.

It may take a few weeks for you to receive your EAD card in the mail after your application has been approved. Once you receive the EAD card, you must scan the card and upload a copy through your [Terra Dotta portal](#). Refer to the [Terra Dotta F-1 OPT User Guide](#) for step-by-step instructions.

Reporting Employment

Once you have found a job, you must report your OPT employment to the MUSC Center for Global Health by submitting the [OPT Employment Verification](#). This must be completed within 10 days of the start date of your employment. Please note that failure to notify the Center for Global Health of your employment in a timely manner may result in you accruing unemployment days or in the termination of your F-1 status for failure to report during OPT.

In the OPT Employment Verification, you will complete a questionnaire with your employment details and upload a copy of your employment offer letter. You will also be required to provide an explanation indicating how the employment is directly related to your degree program. The Designated School Official (DSO) will review this explanation and will make a determination of whether there is a direct relationship between your job and your major area of study. If a DSO believes that the documentation does not provide a sufficient explanation, you will be required to provide additional evidence to better understand the relationship.

After you submit the OPT Employment Verification, the DSO will update SEVIS with your employment details. You will also receive an updated Form I-20 showing your OPT employer.

Ongoing Reporting Requirements During OPT

As the sponsor of your F-1 status, the MUSC Center for Global Health is required to update your F-1 SEVIS record and report certain information to the federal government. Even though you may be employed somewhere else through your OPT employment authorization, keep in mind that MUSC will remain the sponsor of your F-1 status and SEVIS record during your time in OPT.

During your OPT, you must report your employment details to the Center for Global Health within 10 days of the start date or end date of any particular employment. This applies to your initial employment and any time you change jobs during OPT.

OPT reporting is done through the [OPT Employment Verification](#) record in your Terra Dotta portal. Note that your Terra Dotta login information may have changed since you initially began the OPT process, since you are no longer an MUSC student and will not be using your MUSC NetID credentials.

In addition, you must report the following to the Center for Global Health within 10 days: change of name, change of address, change of email address (or other contact information), change of status (such as a change of status to H-1B).

Most things (like change of address) can be updated through your Terra Dotta portal. Refer to the [Terra Dotta OPT User Guide](#) for step-by-step instructions. If you will change to another status before your OPT end date, please [contact the Center for Global Health](#) to provide this information so that we can update your F-1 SEVIS record accordingly.

Unemployment

You may have up to 90 days of unemployment during post-completion OPT. Your OPT authorization begins on the start date shown on your EAD card. Each day (including weekends) during the period of OPT authorization that you do not have qualifying employment counts as a day of unemployment. If you do have qualifying employment reported in SEVIS, then weekend days do not count towards unemployment.

You are responsible for keeping track of your days of unemployment during post-completion OPT. You are also responsible for reporting the end of any particular employment (within 10 days) to the Center for Global Health so that we can update this information in SEVIS.

Exceeding the 90-day OPT unemployment limit is a violation of F-1 status. If you accumulate more than 90 days of unemployment, the U.S. Department of Homeland Security has the authority to terminate your F-1 SEVIS record for violating your F-1 status and exceeding the OPT unemployment maximum.

Maintaining Records During OPT

In addition to reporting your employment details to the MUSC Center for Global Health, you are also responsible for keeping complete documentation of all of your employment during your OPT. Specifically, for each job, you should maintain records indicating your employer, position, start date, contact information for your supervisor, description of the work, and how the position relates to your field of study. You may be asked to provide proof of your OPT employment at a later time, especially if you ever apply for additional benefits (i.e., another visa status) through the U.S. Department of Homeland Security.

As indicated in the previous section, you are responsible for keeping records of your days of unemployment during your OPT period. Remember that you can have no more than 90 days of unemployment during post-completion OPT.

You are responsible for keeping the originals of all Forms I-20 issued to you throughout your time in F-1 student status (during your academic program and OPT). You should keep these forms indefinitely as part of your U.S. immigration records. You may need to present these at some point to prove your legal status in the United States.

Travel and Post-Completion OPT

The regulations regarding international travel and OPT are not always clear. If you need to travel outside of the United States at any time during OPT, please be aware that you do so at your own risk. We do not recommend traveling outside of the United States if you have a pending I-765 application.

We have provided you with some general information below in order to assist you in planning your travel. However, please be aware that re-entry into the United States is never guaranteed for nonimmigrant F-1 visa holders. Admission into the United States is at the sole discretion of the U.S. Department of Homeland Security.

Travel prior to program end date while I-765 OPT application is pending

Travel outside of the U.S. while your OPT I-765 application is pending with USCIS should be avoided and is generally not recommended. If your I-765 application is approved while you are abroad, you will be expected to re-enter the United States using your new EAD card. Furthermore, if USCIS sends you a request for additional evidence, you will not be in the U.S. to provide any additional documents needed to continue processing your I-765 application.

However, if there is an emergency and you must travel while your I-765 application is pending but before your F-1 program end date, you should be able to re-enter the United States, as long as you are planning on returning to the U.S. several weeks prior to the program end date on your Form I-20. You must also have the following documents:

- Valid passport
- Valid F-1 visa stamp
- Valid Form I-20 with travel authorization signature that is less than one year old

Travel after program end date while I-765 OPT application is pending

In general, we recommended that you do not travel outside of the United States while your OPT I-765 application is pending. If your OPT application is pending and your Form I-20 program end date has passed, there is a high possibility that you will not be re-admitted into the United States,

If you decide to travel, you should bring the following documents:

- Valid passport
- Valid F-1 visa stamp
- Valid Form I-20 with travel authorization signature that is less than one year old
- I-765 receipt notice (Form I-797)
- Job offer letter from employer on official letterhead (if you have received a job offer)

Travel after OPT has been approved but before you have found a job

In general, we recommend that you do not travel outside of the United States after your OPT I-765 application has been approved (and your EAD card has been issued) but you before you have found a job. Under these circumstances, there is a higher risk that you may not be granted re-entry into the United States.

Travel after OPT has been approved but before the job has started

If you have received your EAD card and you have a job offer, but the position has not started, there is a possibility that you will experience difficulty in trying to re-enter the United States. However, if you decide to travel under these circumstances, you should bring the following documents:

- Valid passport
- Valid F-1 visa stamp
- Valid Form I-20 with travel authorization signature that is no more than 6 months old
- Valid EAD card
- Job offer letter from employer that includes your expected start date

Travel during valid OPT employment

If you need to travel abroad during your period of OPT employment, you must have the following documents to request re-entry into the United States:

- Valid passport
- Valid F-1 visa stamp
- Valid Form I-20 with travel authorization signature that is no more than 6 months old
- Valid EAD card
- Current letter from your employer stating that you are still employed

During OPT, the Form I-20 travel signature is only valid for six (6) months. Only a Designated School Official (DSO) in the MUSC Center for Global Health can provide the I-20 travel signature. If the travel signature on your most recent Form I-20 has expired, and you need a new I-20 travel signature for upcoming travel, please submit the [OPT I-20 Travel Signature](#) request through your Terra Dotta portal. This request must be submitted at least three (3) weeks prior to your estimated departure date. Once the request has been processed, the DSO will send you an updated Form I-20 with the travel signature. The Form I-20 will be sent to you via secure email as a PDF attachment. You can then print the updated Form I-20 to take with you for your travel.

If your F-1 visa has expired, and you need to travel outside of the United States during OPT, you must apply for a new F-1 visa stamp at a U.S. embassy/consulate abroad before you can request re-entry into the U.S. Please be aware that the risk of denial for an F-1 visa is higher during OPT than while you are in your active student program. This is because the focus of your stay in the U.S. now is to work rather than to attend school. The F-1 student visa requires nonimmigrant intent, which means that the applicant intends to return to the home country at the end of the program. If the consular officer is not convinced of your intention to return home, your visa application could be denied.

Frequently Asked Questions

Is OPT a different visa status?

No. An individual with OPT authorization and an EAD card is still in F-1 status.

Do I need to have a job or job offer to apply for OPT?

No. You do not need to have a job offer before applying for the initial period of post-completion OPT.

I previously participated in one year of post-completion OPT after completing my prior degree. Am I eligible for another period of post-completion OPT?

If you previously participated in 12 months of OPT, you may be eligible for another 12 months of OPT training when you change to a *higher* educational level. For example, if your previous OPT was granted based on completion of a Bachelor's degree, then you may be eligible for another 12 months of OPT based on completion of a Master's degree. However, if you

previously participated in OPT at the Master's degree level, then you would not be eligible for an additional 12 months of OPT at the Master's degree level, even with a different Master's degree program.

When should I request the OPT Form I-20?

You should submit the Optional Practical Training request in Terra Dotta approximately four to five weeks prior to when you plan on submitting the OPT I-765 application to USCIS. Once a complete Optional Practical Training request is received in Terra Dotta, Center for Global Health staff can typically process the request within three weeks. However, Center for Global Health processing times are subject to change, depending on current caseload. Remember that USCIS must receive your application within 30 days of the issuance of the OPT Form I-20.

Will I be required to submit biometrics when applying for OPT?

Anyone applying for OPT may receive a request from USCIS to appear at a USCIS Application Support Center for the collection of biometrics (fingerprints, photograph and signature). If you receive a notice from USCIS that biometrics are required, be sure to read this document carefully, paying special attention to the appointment scheduled for you.

I do not have a Social Security Number (SSN). Can I still apply for OPT?

Yes. If you do not have an SSN at the time that you apply for OPT, you can request an SSN along with your USCIS I-765 OPT application. You will need to fill out the corresponding fields/questions on the Form I-765 related to requesting the SSN. Refer to the Form I-765 and I-765 instructions for more details.

What is the fee for the USCIS I-765 application?

USCIS fees are subject to change at any time. Please check the [USCIS I-765 website](#) and the [USCIS fee calculator](#) to view the current fees.

Should I submit the I-765 paper application or online application?

The decision regarding how to submit your I-765 application (online or paper) is completely up to you. There are some benefits to the online submission system, such as getting the USCIS receipt number immediately (meaning that you get immediate confirmation of the receipt of your application). Submitting the form online will also ensure that you are paying the correct filing fee and using the correct version of the Form I-765. Also, the USCIS filing fee for the online application may be less expensive than the paper application.

I checked the status of my OPT application online, and it has been approved. Can I begin working before I receive my actual EAD card from USCIS?

No. You may not begin employment until you receive your physical employment authorization document from USCIS. If you begin working before you have received your official EAD card from USCIS, this may be considered unauthorized employment that could jeopardize your legal status in the United States.

What happens if I move while my OPT application is pending?

It is very important that the U.S. mailing address that you use on the Form I-765 will be valid for the next several months. The U.S. Postal Service will not forward mail from USCIS. Change of address may delay the arrival of the card. If you must move while your OPT application is pending, and you submitted the I-765 application online, you should be able to update your address through your USCIS account. If you submitted the I-765 paper application, you should be able to submit the [USCIS Form AR-11 Change of Address](#) form online. You are also required to update your address in your Terra Dotta portal so that we can then update your address in the SEVIS system.

Do I still need to get a travel endorsement signature from the DSO in the Center for Global Health on my Form I-20 during OPT?

Yes. During post-completion OPT, if you want to travel outside of the United States, you must have your Form I-20 authorized for travel within the past six (6) months. If you need a new travel signature on your Form I-20, please submit the [OPT I-20 Travel Signature](#) request through your Terra Dotta portal at least three (3) weeks in advance of your anticipated travel departure date. Once the request is processed, the DSO will send you an updated Form I-20 with the travel signature.

Do I have to do anything with the MUSC Center for Global Health while I am on OPT?

Yes. Federal regulations require you to report any changes in your legal name, address, and employment details to the DSO in the MUSC Center for Global Health while you are on OPT. Remember that, even though you may be employed somewhere else with your EAD card, MUSC is still the sponsor of your F-1 status during your time in OPT. Information is reported to MUSC through your [Terra Dotta portal](#). You can also contact immigration@musc.edu if you have any questions.

Do I still need to report information to the MUSC Center for Global Health if I sign up for the SEVP Portal?

Yes. The SEVP Portal is an optional tool that will allow you to update and view your personal and employer information with SEVP. However, this does not release you from your responsibility to report this information directly to the DSO in the MUSC Center for Global Health. Even if you update your information in the SEVP Portal, you still must notify the Center for Global Health directly with changes to your address, contact information, and employment.

Can I change jobs during OPT?

Yes. If you get a new job during OPT, you must do the following:

1. Log in to your [Terra Dotta portal](#) and update your previous OPT Employment Verification record with the last day of work at that job. This must be done within 10 days of your last day of employment.
2. Submit a new [OPT Employment Verification](#) record through your Terra Dotta portal. This must be done within 10 days of the start date of your new job.

Can I work for more than one employer during OPT?

Yes, as long as all employment is directly related to your degree program, and as long as you have submitted an OPT Employment Verification through Terra Dotta for each job.

Are there any restrictions on the number of hours I can work during post-completion OPT?

You can work full time or part time during post-completion OPT. If you are working part time, it must be at least 20 hours per week. There are no limits on the maximum amount of hours you can work during post-completion OPT.