MUSC CATALYST news

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MEDICAL UNIVERSITY OF SOUTH CAROLINA

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Hollings Cancer Center director steps down, interim leader appointed

By Sheila Champlin

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ustavo Leone, Ph.D., director of the MUSC Hollings Cancer Center, recently announced that he has accepted a position as director of the Medical College of Wisconsin Cancer Center. Effective immediately, Leone is stepping down as director of Hollings; however, over the coming weeks, he will work with the interim director,

Denis C. Guttridge, Ph.D., to ensure a smooth transition. Leone plans to leave the university on April 15.

Under Leone's leadership, Hollings Cancer Center earned its highest score ever in 2019 as it renewed its designation as a National Cancer Institute Cancer Center, a designation that Hollings has held since 2009. During his tenure, Leone also led the recruitment



Guttridge

of a number of leading cancer researchers and the establishment of seven transdisciplinary cancer teams to promote translational and collaborative research, initiatives which have solid impact in patient care. Leone also launched the LOWVELO bike ride in November, in which rider-raised funds will support cancer research and the next generation of cancer researchers.

"The Hollings professionals are a dedicated, talented team and I am grateful for my time serving as their leader and colleague," Leone said.

"We thank Dr. Leone for his many contributions to our institution and we wish him well in his future

See Hollings on page 3



Photo by Sarah Pack

The 2019 honorees at the 30th annual BHIC MLK program are Dr. Dondi Costin, from left, Charleston Southern University, the Hon. James Lewis Jr., The Citadel; Pearl Givens, MUSC; Vincent Ashby, TTC; and Kenyatta Grimmage, College of Charleston.

MUSC hosts 30th annual Black History Intercollegiate Consortium MLK program

By Leslie Cantu

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"We're going to have a little bit of church in here tonight, all right?"

The auditorium of the MUSC Drug Discovery Building reverberated with a joyful noise Tuesday evening as singers from five Tri-county colleges and universities came together as one choir — the Black History Intercollegiate Consortium district choir — leading the audience in song as representatives from each institution assembled for the 30th annual MLK

celebration.

Recent Charleston Southern University graduate Chelsea Green led the combined choir in a kinetic performance that had the audience on its feet. But the choir was just one part of the evening, labeled "The Dream in 2020: Conviction in our Purpose, Clarity in our Mission, Resilient in our Progress."

Every year the consortium comes together to honor individuals from each institution who promote diversity and inclusion. This year, the consortium also honored its founding members and the trailblazers who created

See Celebration on page 8

Values in Action

President and Mrs. Cole honor employees.

Crushed It!
Friendly walking program
encourages healthy habits.

- 3 PopUp Business School Chas.
- 4 Pediatric hospitalists
- 5 Meet Montez Seabrook

Virtual reality: Numbers coming in for state employees' online health option

By Helen Adams

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Less than a week after the governor announced that free MUSC Health Virtual Urgent Care is now available to state employees covered by PEBA and their dependents, hundreds of people are giving it a shot.

As of noon Monday, Jan. 13, four days after the announcement, 300 people who qualify through PEBA had used Virtual Urgent Care. Emily Sigmon Sederstrom, the lead telehealth service coordinator at the Medical University of South Carolina, said the response has been enthusiastic. "So far, we have had very positive feedback from our patients."

Edward O'Bryan, M.D., directs MUSC Health Virtual Urgent Care. "We are so excited to be providing this service to a large portion of the hard-working people of South Carolina and can stand by the very high quality, innovation and ease of use you should expect from telemedicine," he said.

Since this is new to a lot of South Carolinians, here's a quick Q&A on who qualifies, what virtual urgent care is and more.

Former patient hosts book event at Buxton Books Feb. 11

Former MUSC patient and transplant survivor Becky Young Miller, author of her memoir, "Transplanting Hope," has partnered with the Pat Conroy Literary Center to coordinate a wine and cheese event from 5:30 to 7 p.m. on Tuesday,

Feb. 11 at Buxton Books, 160 King Street in downtown Charleston. Miller underwent a procedure at MUSC in 2013 to remove her pancreas and transplant islet cells into her liver. All are welcome.

MUSC Health Virtual Urgent Care Q&As

Q: I work for a public entity. How can I tell if I qualify to get free MUSC Health Virtual Urgent Care visits?

A: Look at your medical insurance card and see if it says PEBA on it. PEBA stands for South Carolina Public Employee Benefit Authority. You don't have to work directly for the state to have this. You may have it if you work for another public entity such as a school district. About 555,000 South Carolinians' insurance comes through PEBA.

Q: What exactly is Virtual Urgent Care?

A: It's an online visit with either a doctor, physician assistant or nurse practitioner. You get four choices:

- An online interview, which means you fill out a symptom-based questionnaire and attach a photo if you want to. A provider will review this and send you a treatment plan and a prescription, if needed. Most responses are returned in under 15 minutes. It's the quickest option.
- A phone call in which you request a call from a provider. He or she will call you that same day after reviewing your case.
- A video call, which means you enter a virtual waiting room. A provider will connect for a video visit when he or she is available.
- A live chat lets you send a chat message detailing your symptoms. A provider will respond with questions until he or she is able to give you a diagnosis.

For all visits, if you need a prescription, you get to choose the pharmacy you'd like to use.

Q: Are there certain days or times of day that I should do this? Or is it available any time?

A: Any time. There are always doctors, physician assistants and nurse practitioners available. MUSC Health Virtual Urgent Care operates 24/7.

Q: What qualifications do these doctors, PAs and NPs have? Will I know who I'm talking to?

A: They are all MUSC Health employees, just like you'd see if you came on campus for an appointment. And yes, in virtual care visits, you do know exactly who responds to you — their name and credentials are included in their communication with you.

Q: What exactly does MUSC Health Virtual Urgent Care mean? "Urgent" sounds like I need to see a doctor immediately.

A: In this case, urgent means it's something that needs to be addressed fairly soon but is not an emergency. Your life is not in danger.

Examples of conditions that fall under the urgent care umbrella include respiratory infections, skin problems, stomach issues, drug refills, bug bites, sexually transmitted diseases and eye, ear and mouth problems.

Q: Some of that is sensitive stuff. Is virtual care safe — in other words, will my information stay private, just between me and whoever I'm communicating with?

A: Yes, All the information you provide is encrypted and protected. You can read more about it in our terms of service.

Q: Free is great, but who's really paying for all of this? The doctors don't work for free, right?

A: Right. They are already employed by MUSC Health, which is a part of the Medical University of

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MUSC news

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Trident United Way, SC Thrive offer free tax assistance

For over a decade, Trident United Way and SC Thrive have collaborated in order to provide free assistance with tax filing. This assistance will be offered beginning Jan. 27th and will be available at the Berkeley and Dorchester Resource Connection Centers, as well as several other sites scattered throughout the Tri-county. In order to see if you qualify for tax preparation assistance with zero cost

and what other information will need to be provided upon meeting with a trained tax counselor, visit http://www.tuw.org/freetaxes.

No matter what financial plan you are approaching in 2020, SC Thrive and others involved are eager to connect you with debt management assistance tools and free credit counseling.

Hollings Continued from Pagee One

endeavors," said Lisa K. Saladin, PT. Ph.D., MUSC executive vice president for Academic Affairs and provost.

Effective immediately, Guttridge has agreed to serve as interim director for the Hollings Cancer Center. A member of the MUSC community since May 2018, Guttridge brings solid experience in oncology research, administration and leadership to this interim role. He will maintain his dual role as director of the Charles P. Darby Children's Research Institute and associate director of translational sciences for Hollings.

Guttridge came to MUSC from The Ohio State Comprehensive Cancer Center where he worked for 16 years. There he served as the associate director for basic research and was responsible for the coordination of basic science across the center's research programs. His job involved fostering and nurturing collaborations at Ohio State and Nationwide Children's Hospital, involving more than 300 cancer researchers and their teams from 12 of the university's colleges. At OSU, he was the principal investigator for multiple National Institutes of Health research project grants and an NIH research training grant.

"Denis is well equipped to nurture the multidisciplinary and collaborative group of innovative scientists at our cancer center," said Patrick J. Cawley, M.D., CEO for MUSC Health and vice president for Health Affairs, University.

"Most assuredly, our cancer specialists remain committed to achieving cuttingedge discoveries that support Hollings' research and patient care objectives. We look forward to supporting Denis as we plan and execute a national search for the permanent Hollings leader," Cawley added.

To learn more about Guttridge, visit the Hollings Horizons magazine at https://muschealth.org/horizons/2019winter/headlines/research-qa-dr-denisguttridge.

"Our commitment to advancing cancer research, education and patient care remains constant. As the search process unfolds, we will be certain to share progress as appropriate," Saladin noted.

BUSINESS SCHOOL

Staff notice of Magnet Recognition Program Site Visit

- Your organization has applied to the American Nurses Credentialing Center (ANCC) Magnet Recognition Program® for re-designation of the prestigious Magnet designation. This designation recognizes excellence in nursing services.
- You have an opportunity to participate in the evaluation process and are encouraged to do so. We will be coming to your hospital, February 24, 25, 26 and 27, 2020, for a site visit.
- Comments may e-mailed or mailed to the Magnet Program Office prior to the site visit. All phone comments to the Magnet Program Office must be followed up in writing. Your comments are confidential and never shared with anyone in your ogranization. If you choose, your comments may be anonymous, but must be in writing.
- There will also be time set aside to speak with the appraisers during the site visit. Time, date and location of meeting room will be provided by your
 - Your comments must be received by Feb. 14, 2020.

Phone 866-588-3301 (Toll Free)

Email: magnet@aoa.org

Write: Magnet Recognition Program

American Nurses Credential Center

8515 Georgia Ave., Suite 400 Silver Spring, MD 20910-3492

 Your organization has submitted written documentation for the appraisal team to review. That information is available to you for review at or in https:// muschealth-internal.submissiondoc.org/index.html.

PopUp Business School Charleston set for Feb. 17-28, free tuition to participants

Staff Report

Want to make money doing what you love? Want to start your own business but are unsure where to begin?

Coming to the Lowcountry Feb. 17-28 is a new concept to help new and want-to-be business owners get started at the PopUp Business School Charleston.

The program will feature hands-on training and classroom instruction on the fundamentals of business including sales, marketing, social media and how to build a website. Instructors are experts in creating successful businesses and will teach using workshops, 1:1 coaching and provide resources through community support. This two-week crash course in business is free and open to MUSC students, postdocs, employees or anyone in the Tri-county area who would like to learn how to start a business or accelerate their current business.

"Our goal is to promote business ownership in the Tri-county community," said Alex Jenkins, PopUp Business School of Charleston organizer. "No one is

better equipped than MUSC students, postdocs and employees to understand which medicines, procedures and medical technologies could be best commercialized into a viable business. The staff at MUSC's Office

> of Innovation are already doing amazing work identifying these ideas in the MUSC community. PopUp is another resource for people who want to take their idea and turn it into a business."

The free tuition is being sponsored by local businesses and community organizations including Baker Motor Company, the City of Charleston, MUSC, Platformforgood.blog, Shumaker, Loop & Kendrick, LLP and other sponsors. Registration is required.

At the PopUp Business School Indianapolis, more than 135 people attended the two-week program.

PopUp Business School Charleston will be held from 10 a.m. to 3 p.m. at Citadel Mall, 2070 Sam Rittenberg Blvd., Charleston, S.C., 29407. To register or for more information, visit popupbusiness school.co.uk/ Charleston.



MUSC Children's health physicians among first board certified in specialty

By Leslie Cantu

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Five MUSC Children's Health doctors are among the first board-certified pediatric hospital medicine physicians in the nation.

Pediatric hospital medicine is the newest subspecialty of the American Board of Pediatrics. The board approved its creation in 2016 and administered the first board-certification test last November.

Though this is the first official recognition of the subspecialty, the field has been developing for a couple of decades, said Ron Teufel, M.D., director of Pediatric Hospital Medicine at MUSC Children's Health. He was hired as MUSC's first pediatric hospitalist in 2005 and is one of the five who is now board certified.

Pediatric hospitalists care for most of the children admitted to the Children's Hospital, whether they're otherwise healthy children dealing with a bout of pneumonia or dehydration or children with chronic illnesses who see multiple specialists.

"We're the ones who are able to be here all the time," explained Annie Lintzenich Andrews, M.D., who also passed the board exam. "The subspecialists are all around the region now, seeing patients in their outpatient clinics as well as the hospital, so we supervise the team of residents and students who are caring for those patients every minute of the day. We act as the coordinators of their care in conjunction with the subspecialists, and act as the primary point of contact for the nurses who are at the bedside."

Hospital medicine has been at the forefront of quality improvements and family- and patient-centered care, Teufel said. For example, family-centered rounding, a process that involves medical teams partnering with patient families in daily medical care decision–making, has been shown to have numerous benefits for the patient including improving the safety of inpatient medical care.

"How is it best to round with patients? Family-centered rounds. The majority of that literature came from hospital

"At times, the evidence does not exist to guide providers on the best treatment options and variation is reasonable, but when evidence does exist we should use it and use it often."

Ron Teufel, M.D.

medicine. We've also worked a lot with concepts such as shared decision-making. This concept can guide care decisions when there's more than one reasonable care plan for a child. How do you work through that? You do shared decision-making with families," Teufel said.

Bringing structure to the care that hospitalized children receive was one of the things that drew Teufel to hospital medicine when he started his fellowship in 2004.

"As a health care system we've attempted to standardize care in other locations such as emergency departments and ICUs, but the largest population of inpatients in children's hospitals were cared for by a lot of different doctors, in a lot of ways. At times, the evidence does not exist to guide providers on the best treatment options and variation is reasonable, but when evidence does exist we should use it and use it often. It seemed like a great opportunity to implement effective care processes and improve quality of care for children," he said.

Both Teufel and Andrews completed academic generalist fellowships with an individual focus on inpatient care because pediatric hospital medicine fellowships didn't exist when they were training. Upon the official recognition of the subspecialty, MUSC Health established a two-year pediatric hospital medicine fellowship, with the first fellow set to graduate this year.

This is the only pediatric hospital medicine fellowship in the state, but



Photos by Sarah Pack

Dr. Andrea Summer checks on Collynns Foster, 9, before he leaves the hospital. Summer is one of the MUSC Children's Health doctors who are now board certified as pediatric hospital medicine physicians.



From left, Drs.
Ron Teufel, Tricia
McBurney, Daniel
Clay Williams,
Andrea Summer
and Annie
Andrews passed
the first board
certification test
offered in the new
subspecialty of
pediatric hospital
medicine.

South Carolina needs many more trained pediatric hospitalists to keep up with the number of hospitalized children, said Andrews, who is the incoming director of the fellowship program.

She said the skill set for a hospitalist is different than that of a community pediatrician, and the job might appeal to residents who, like her, enjoy being in the hospital.

"I like the pace of it," she said. "I like that you can make decisions in the morning and see the result of those

decisions later that same day, rather than ordering labs and seeing the patient in two weeks. I like seeing a child come in sick and get better and go home healthy. I like the multidisciplinary aspect of it. Every day, you're interacting with nurses and respiratory therapists and physical therapists and subspecialists, and that's different than the outpatient setting."

In addition to Teufel and Andrews, the other newly board-certified doctors are Tricia McBurney, M.D., Andrea Summer, M.D. and Daniel Clay Williams, M.D.

MEET MONTEZ



Montez Seabrook

Department; How long at MUSC

Office of Public Affairs and Media Relations; 1-plus years

How are you changing what's possible at MUSC

Bringing new ideas to how we can tell MUSC's story with video

Family

Wife Brittna and daughter Kaidence

What music is in your player now

Dreamville —Return of the Dreamers III

Favorite football team

Carolina Panthers

How would you spend \$1 million

Pay off all debt, start my own business and visit Africa

Greatest moment in your life

Getting married to the love of my life

Favorite movie quote

"Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure." — "Coach Carter"





MUSC Women's Health Interest Group



Please join us for our quarterly meeting on

Monday, February 24th

12:00-1:00pm

BSB 100

Lunch will be provided

This workgroup meets quarterly to discuss potential and ongoing cross-campus research collaborations in the field of sex and gender differences.

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RESIDENTIAL BROKERAGE

Values are heart of MUSC: Five employees embody President's Values in Action

By CINDY ABOLE

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M USC's enterprise values are at the heart of the organization.

Each day, employees embody these qualities in the care, services and work they provide across the organization and to the various communities they serve.

For the fourth year, MUSC President David J. Cole, M.D., FACS and first lady Kathy Cole recognized exceptional employees who demonstrate one of MUSC's five values – compassion, respect, innovation, collaboration and integrity – with the President's Values in Action Award.

The award recognizes five employees who have put value to action at an institutional level throughout a calendar year (January to October) while honoring MUSC's vision statement: "Leading health innovation for the lives we touch."

This award is especially meaningful to the Coles as they are involved in every step of the process from reviewing nomination letters and selection to personally delivering the award to recognized employees in a celebration that includes supervisors, award nominators and teams.

"It's important as an institution that all of us embrace our values. Thank you to the MUSC family and thank you for changing what's possible for the lives that we touch," said President Cole.

The 2019 winners are:

- ☐ Compassion Zeh Wellington, R.N.
- ☐ Respect Lisa Watkins
- ☐ Innovation Marcelo Guimaraes, M.D.
- ☐ Collaboration Stephanie Iwatake, R.N., BSN
- ☐ Integrity Tom Stever

Cole presented the Values in Action Award for compassion to Zeh Wellington, R.N., interim director of the Peri-Anesthesia, Post-Anesthesia Care Unit (PACU) at MUSC Health. Wellington, who has 16 years nursing experience in the clinical environment and as a nurse leader, approaches leadership with respect, integrity, enthusiasm and compassion for his health care team members, patients and their families, wrote sponsor Andrea Coyle, R.N., professional excellence and magnet nursing program director at MUSC Health. Wellington is a great listener, active, creative and supportive of innovative ideas shared by his health care team as well as patients and

Dr. Marcelo
Guimaraes,
center, is
presented with
the "Innovation"
Values in
Action Award.
Guimaraes,
center, is joined
by Kathy Cole,
Dr. Ricardo
Yamada, from
left, Dr. Philip
Costello and
President Cole.





Photos by Anne Thompson

"Respect" Values in Action winner Lisa Watkins of MUSC Health, Quality and Safety, proudly receives the award from President David Cole and first lady Kathy Cole on Dec. 6. Watkins was praised for her work in the patient and family liaison office.



"Integrity" Values in Action Award winner Tom Stever, center, Department of Facilities Management, is joined by Dr. Tom Crawford, from left, Dr. Patrick Cawley, President Cole and Kathy Cole.

their families. In an effort to provide compassionate care in the PACU, he applied for and won a SHARE grant to bring a harpist into the unit to provide calm and reduce periods of stress among patients, families and care team members.

"Thank you for who you are and thank you for what you bring to our patients and what you bring to MUSC," President Cole said.

Lisa Watkins, patient and family liaison coordinator, received the award for respect. Nominated by Sheila Scarbrough and Danielle Scheurer, M.D., chief quality officer, MUSC Health Quality and Safety, Watkins was touched to receive the award from the Coles. "This means a lot to me," she

said. "It's a good feeling when someone recognizes and appreciates people's efforts. I'm grateful to Dr. Scheurer and Sheila for nominating me. Thank you Dr. and Mrs. Cole for this honor."

Often, Watkins and her small team in the patient and family liaison office are the last hope for patients and families who want to verbalize an issue regarding their health care experience. Watkins and team must be ready to listen and respond accordingly. In her nomination letter, Scheurer wrote that Watkins listens patiently to every complaint with dedication and a devotion to resolving the situation, as well as the intent to improve the care and experience for future patients and families.

See VALUES on page 9

Stepping into 2020: 'Crushed It!' program takes strides to better health

By ABIGAIL HUTCHINSON

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As the new year kicks off, the resolution to be healthier is often a popular choice among Americans, and 2020 offers the ever–promising potential to hold the ideal balance between being fitness oriented and having ample servings of fruits and veggies. For some MUSC employees, 2020 has already involved a larger health focus, and this stride toward wellness is no new idea. Safety and Security's Crushed it! Steps Challenge is walking department members toward meeting previously unimagined ambitions.

First approaching the idea to engage fellow employees in a health challenge was MUSC security analyst Shannon Ryan. The program, launched in April 2019, has influenced members of Hospital Security to hold each other and themselves more accountable. The goal — to reach a minimum of 10,000 steps during a 24–hour window in order to be entered into the challenge for the day.

Teams are divided into day shift, night shift, evening shift, offsite officers and the department's senior leadership team. The challenge is available Sunday through Saturday each week. When participants complete their 10,000 steps for the day, they take a photo capturing the evidence and send it over to Ryan. From there, Ryan plugs the numbers into a chart where all individual and team step records are documented. For each day that participants complete the required minimum 10,000 steps in the allotted time frame, they are entered into a lottery. Each Monday during the challenge, a name is drawn, and the winner gets a free lunch ticket. At the end of the month, whichever team accumulated the most steps overall is awarded with a free mindful meal from Sodexo.

For hospital security, walking is often a large component of the job — now they're looking at walking with an entirely new attitude — a fun competitive health challenge. With a sole focus on accumulating more steps throughout each day, walkers are achieving levels of health that, without the extra push of the challenge, they never thought possible. By taking it one step at a time, participants such as Stanley Luban, Rashad Palmer, Joe Newcomb and Otis Williams attained top spots for walking the most steps in a 24-hour period during 2019.

Newcomb is starting 2020 off 40 pounds lighter because of the influence of this challenge in his day-to-day life and the diligence of his team members, which helped to maintain a healthy level of competition.

"It's built a camaraderie between all of us and motivated us to really build on each other's strengths. It's been fun to have a little friendly competition,"

See Challenge on page 11



Photos by Cindy Abole

MUSC Health Safety and Security officer Chederis Kinnery, left, and supervisor Julius Juarez round their posts on the first floor of the Clinical Science Building and University Hospital before finishing up as part of the night shift team. Both are participants in MUSC Health Safety and Security's Crushed It! Steps Challenge program, an in-house wellness program established back in April that has yielded confidence and healthy results from participants.



Security supervisor Stanley Luban shows off the 25 pounds. he's lost since participating in the steps challenge. So far, Luban leads the pack having walked 41,925 steps in one day.



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CELEBRATION Continued from Page One

a sturdy foundation to continue through three decades.

This year's MUSC honoree was Pearl M. Givens, student services coordinator for the James B. Edwards College of Dental Medicine Office of Diversity.

In that role, she travels the state speaking to college and high school students, particularly those from underrepresented minority communities, about dentistry as a career. She works with the local chapter of the Student National Dental Association, which provides oral hygiene education outreach and works to increase access to care in underserved communities. As part of outreach, she helps coordinate the annual Dental Day, in which undergraduates can come to campus to meet faculty, current students and admissions counselors.

"This year alone she coordinated – by herself by the way – with 120 predental students to introduce them to our dental program here," said Mirna Rezkella, a fourth-year dental student and president of SNDA.

"Her warm and friendly demeanor, charming manner and gentle spirit are apparent in every action and word, making her beloved by all who interact with her," Rezkella wrote in her nomination letter.

Givens, who prior to her current role served as the director of financial aid at MUSC, told the audience she was grateful and honored to have been selected. She thanked College of Dental Medicine Dean Sarandeep Huja, D.D.S., Ph.D., Vice Dean Tariq Javed, D.M.D., and Gwendolyn Brown, D.M.D., director of diversity, as well as her Alpha Kappa Alpha sorority sisters, many of whom came to the event to support her.

"We do what we do for the love of our students," she said.

As an event honoring the legacy of the Rev. Dr. Martin Luther King Jr., many of King's famous quotations were repeated by speakers. But third-year College of Medicine student Alexandra Rice, vice president for diversity and inclusion for the MUSC Student Government Association, cautioned against letting a whitewashed version of King become his memory.

"Many would rather Dr. King exist as a comforting figure of mythic proportions - a fairvtale hero who came to set us at ease about injustice, which has supposedly been eradicated, rather than a complex historical actor whose intent was to challenge each of us to destroy injustice," she said.

Too often, people learn in school about the "hopeful" King but not the "corrective" King, she said, the King who decried racism, militarism and economic exploitation.

"Dr. King's message is not an easy one to swallow. It convicts, calls to action and at times asks us to put ourselves in harm's way as we attempt to bend, to use his phrase, the long moral arc of the universe further toward justice. Dr. King reminds us that we bear the



Photos by Sarah Pack

James B. Edwards College of Dental Medicine's Pearl Givens receives the 2020 MLK Award from dental student Mirna Rezkella. Givens travels the state to recruit under-represented minority students who are considering a career in dentistry.

responsibility for bending it," Rice said.

It's not that his hopeful messages of love and unity are untrue, she said – it's that without his messages of conviction and accountability, the unity is empty.

As host institution, MUSC was also able to award the annual BHIC scholarship. This year's recipient is Melanie Wiley, who is enrolled in the M.D./Ph.D. dual degree program and studying autism.

Wiley shared that she had been discouraged from pursuing a career as a physician-scientist by people who saw only that she was a woman, a minority and a person with a disability. But her mother gave her the conviction to continue her education.

"Now my goal is to show people that life challenges do not have to limit their dream. A person's gender, ethnicity,

disability, their age, income, who they love, shouldn't have to limit their aspirations," she said.

Additional MLK Award recipients were: Vincent Ashby Jr., Trident Technical College; Dondi Costin, Ph.D., Charleston Southern University; James Lewis Jr., Charleston City Council, from The Citadel; and Kenyatta Grimmage, College of Charleston.

Co-founders In Memoriam: Bob Gillis, College of Charleston; Lee Martin, The Citadel; and Earl B. Higgins, Ed.D. **MUSC**

Trailblazers Recognition: Angie Anderson, MUSC; Johnnie Keyes, Charleston Southern University; Lottie Otto, Trident Technical College; Clara Hodges, College of Charleston; Lucille Skaggs, MUSC and Vertelle Middleton.



The Black History Intercollegiate Consortium district choir performs.



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VALUES Continued from Page Six

"Lisa listens intently to each one and confers to them the utmost dignity and respect. She treats each person with a high level of attention and importance, which they each deserve."

"When patients aren't having a good day and are angry or upset, I do my best to let them know they're being heard. It's important that we take responsibility during the times we fall short," Watkins

Ricardo Yamada, M.D., director of the interventional and diagnostic radiology residency program in the Department of Radiology and Radiological Science, nominated Marcelo S. Guimaraes, M.D., for the value of innovation. Guimaraes, a professor of interventional radiology in the Department of Radiology and Radiological Science, was recognized for developing a new technique to improve care and treat patients diagnosed with chronic central venous occlusion, a condition associated with chronic kidney disease. Guimaraes has also created other improvements to vascular interventional radiology procedures and operations that improve patient care.

President Cole praised the interventional radiologist. "It's important as an institution that we have values that define who we are. Dr. Guimaraes, you've done a lot for this institution through the years and I anticipate that you'll continue to do so. Thank you for being the innovator that vou are at MUSC."

"Collaboration comes in all directions. A lot of people make this work and I accept this on behalf of myself and everyone involved."

Stephanie Iwatake

Stephanie Iwatake, R.N., BSN, was nominated for collaboration by Chrys Steele, information systems director at MUSC Health Lancaster Medical Center. Iwatake, who has worked at the Lancaster facility for 13 years, is the first awardee to be recognized from MUSC's four regional hospitals. She was praised for her time and commitment in helping the facility assimilate into the MUSC family.

"I was surprised and honored to receive this award from Dr. Cole and MUSC. Collaboration comes in all directions. A lot of people make this work and I accept this on behalf of myself and everyone involved," Iwatake

Iwatake was integral to the facility's implementation of EPIC, MUSC's electronic health record system. She served as a clinical analyst, informatics support and staff educator for the facility and its provider clinics. She collaborated with the EPIC implementation staff, interface teams and other teams to

The President's 2019 Values in Action Award nominees

Richard Anderson, Connie Barbour, Jeffrey Borckardt, Ph.D., Kevin L. Boyd, Sarah E. Brown, Tracy Burgess, Cathy Carroll, Melanie Cason, Ph.D., R.N., Jes Cornelius, Ellen Debenham, R.N., B. DaNine J. Fleming, Ed.D., Marvella Ford, Ph.D., Amanda Giles, OTD, Frances Glanville, Kevin M. Gray, M.D., Jean Gudenas, Colleen Halliday-Boykins, Alan Hawes, Katie Hinson, Kelly Anne Holes-Lewis, M.D., Lee Hudson, Stephen P. Kalhorn, M.D., Stephanie Kapets, Donna Kern, M.D., Scott Lindhorst, M.D., Timothy J. Lyons, M.D., John C. Maize, M.D., Erin A. McClure, Ph.D., Cheryl McWilliams, Michael Miller, Kara Neal, Matthew Nutaitis, M.D., Steve Paterniti, Kathy Peavy, Wanda Hutto Pierce, Leah C. Ramos, R.N., Anita Ramsetty, M.D., Royce Sampson, Na Jin Seo, Ph.D., Cristina Reves Smith, OTD, Robin C. Smith, Patricia L. Thompson, Lori Ann Ueberroth, Brandon Welch, Ph.D., Nancy McKnight White and Amy Williams, DNP



Photo by Anne Thompson

The Values in Action Award for Collaboration was presented to MUSC Health Lancaster Medical Center nurse Stephanie Iwatake, center. She is joined by Kathy Cole, from left, President David Cole, LMC CEO Page Vaughan and sponsor Chrys Steele.

provide data, share resources and provide support to improve best practices for the EPIC "go live" event and afterward.

Steele wrote about her colleague: "Stephanie was and continues to be instrumental in troubleshooting and assisting providers and clinicians in the use of the EPIC EHR at the facility while simultaneously working to become a credentialed instructor. She never hesitates to assist the technical and help desk with whatever she can. She worked side by side with all of her department in the last phase of hardware rollout to ensure that we met our deadlines."

Tom Stever, planning and design manager for the Department of Facilities Management/Design and Construction Division, was recognized for the value of

integrity. According to Tom Crawford, Ph.D., interim chief operating officer for MUSC Health, Stever is a campus leader who has consistently demonstrated integrity from his management of policy, procedures and state procurement perspectives.

"Stever embodies integrity through his word and actions. He treats his customers and care team members with respect and listens with great attention. He makes a difference every day through his selfless actions and contributions and for positively influencing MUSC's culture."

For more information about the President's Values in Action Award, visit https://horseshoe.musc.edu/everyone/ values-in-action.

Parking Management to offer online citation appeals in 2020

In 2020, MUSC will offer a virtual option to appealing citations and avoiding lengthy wait times at the Office of Parking Management. Employees, students and visitors can visit https://horseshoe.musc.edu/ everyone/parking-services/citations-and-regulations.

You can submit an appeal within 30 calendar days of the issued date. An ajudication will be sent in response via email within 10 business days, reporting with the final decision on the citation.

For further citation appeals, contact the City of Charleston Revenue Collections Department at 843-724-3711.

Dental student looks to leadership role on national scale

By Capers MITCHELL

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One might think the title says it all, but there is more to the American Student Dental Association than meets the eye. The ASDA advocates for the profession of dentistry and dental students starting out in their careers, and it just named MUSC dental student Grace Eichler to its board of trustees.

Eichler has big plans for the future, but her involvement with ASDA started early in her education at MUSC.

"I first got involved in organized dentistry during my first year



Eichler

at MUSC. I heard that there was a meeting happening for students who wanted extra exposure through some cool lectures. "I fell in love with it, and I caught the ASDA fever as we like to call it."

Little did she know that this would be her first step in a journey toward becoming a member of the national board. And while initially, she was thrilled just being involved in the organization, Eichler soon would set her sights higher.

"I decided to move into leadership roles as I found out more about ASDA."

As she began to dig deeper into ASDA's missions, it became very clear, she said, that the organization has a passion for bettering the lives of students all around. That was something that, in particular, she was excited to play a part in.

"We advocate for things that affect dental students every day." Eichler said. "ASDA wants to provide easier pathways to licensure, more fair and equitable ways to make that process happen, as well as deal with the student debt crisis."

Eichler specifically enjoys the area of

"The biggest thing I've gotten out of ASDA has been the sense of community. We represent 92% of all dental students and over 26,000 members."

Grace Eichler

advocacy. Currently, she said, they are creating policy surrounding the subject of vaping due to the growing problems over the last couple of years. She and her compatriots also regularly discuss career advancement and the issues that young dental students face.

Aside from her national role, she also has district level responsibilities.

"I have to plan a district meeting every year. Our district includes seven dental schools in South Carolina, North Carolina, Virginia, Tennessee and Georgia."

When she learned she would be serving on the board, Eichler was filled with emotion and gratitude.

"I was very excited and emotional," she said. "I now had a huge responsibility. When I found out, the first thing I did was sign lots of documents, and for a minute, I thought to myself, 'WOW! This is overwhelming, but I am honored to work with all of the different students and staff.' I have made amazing connections throughout the dental community. Because of this, I have been able to further my career in organized dentistry."

Reflecting on her experience, Eichler pointed to the importance of connections.

"The biggest thing I've gotten out of ASDA has been the sense of community. We represent 92% of all dental students and over 26,000 members."

Owing to that sense of community, it didn't take long for her to realize that the opportunity to serve on the board with other dental students was going to be a



Photo Provided

James B. Edwards College of Dental Medicine student Grace Eichler, far left, third row, is joined by other American Student Dental Association board of trustees students during a Lobby Day event in Washington D.C.

DMD-Ph.D. student awarded national dental research award from AADR

Jaden Lee, a fifth-year D.M.D./ Ph.D., has won an American Association for Dental Research Award from the James B. Edwards



Lee

College of Dental Medicine. The award is given to students who have developed their own unique, innovative and scientifically merited research that they submit. Recipients of the award are given the grant to aid in travel costs for the students

traveling to the conferences where they will present their work.

An Indianapolis, Indiana native, Lee will travel to Washington D.C. to present his doctoral work at the Centennial International Association for Dental Research meeting. Lee's research focuses on novel host-microbial interactions that a periodontal pathogen, porphyromonas gingivalis, uses for successfully host survival in the oral mucosa. This grant will cover costs of Lee's travels. Lee works in the lab of mentor Ozlem Yilmaz Ph.D., D.D.S., professor and director of the C-COHR Center for Oral Health Research, Department of Oral Health Sciences.

worthwhile endeavor.

"The board of trustees has become a very tightknit 15 person family. They have become my best friends, and we all share the same passion and share similar experiences. If I am struggling with studying, I can text them, and they will tell me that they are also struggling as well," Eichler said with a laugh.

CHALLENGE Continued from Page Seven

Newcomb said.

Luban, coming in first place overall for most steps in one day, with 41,925 and losing approximately 25 pounds for the effort, felt the urge to become more committed to the challenge through this sense of friendly competition. After watching other coworkers take the spot for most steps walked during the first several weeks, Luban decided he was going to beat the record. So, he walked. And walked. One pivotal day in fact, he walked the entirety of the Ravenel Bridge, took the dog out for a stroll and then proceeded to go on another walk that lasted until midnight. This endeavor, comprised of 41,900 steps, took him on an expedition of more than 18 miles in a day's time and secured his unwavering dedication to beat the record.

"I'm competitive. I wanted to be in the top spot – it's what motivates me daily. I'm used to it now. I've been doing it for months - it's now habit," Luban said.

Archie Reid, Safety and Security



Graphic Provided

Weekly challenge winners are recognized at department meetings and other communications.

coordinator, has been involved with sports for many years. With an athletic career that includes a decade of playing basketball for the Air Force, Reid is no newcomer to exercise. However, as age and health has entered the picture, there are limitations to what he can do for exercise, he explained.

"I got a knee replacement, and now it's not as easy. I want to run, but I can't run. All I can do is walk. This challenge has really motivated me to walk more," Reid said.

Despite all odds, the program has inspired a new wave of wellness within the department. Safety and Security's Crushed it! Steps Challenge has been the starting line for new standards in health among the department and has ignited a deeper commitment to moving in a more advantageous direction as a unit. The demanding number of steps each individual has taken during this challenge has spurred even friends and family members of the participants to move more with them. With 2020 presenting a fresh start to all, Ryan hopes for more members to step out and join the program.

CARE Continued from Page Two

South Carolina, a state institution. This is one of the many clinical duties they're responsible for with their roles.

Q: Virtual care is not new for MUSC Health, but the number of people who can now use it for free has gone way up, thanks to the PEBA announcement. How do you make sure you have enough doctors, etc., to respond to the increased demand?

A: MUSC Health has dedicated telemedicine shifts, along with back up coverage during high demand hours throughout the day. This helps to ensure that it maintains a quick turnaround time between when a patient needs care to when they receive care.

Heart Walk 2020 will take place Feb. 29 at Brittlebank Park

Get ready for the annual American Heart Association 2020 Lowcountry Heart Walk at 9 a.m. on Saturday, Feb. 29 at Brittlebank Park. Commit to walk or support an MUSC Health team. To register or support a team, visit www.lowcountryscheartwalk.org.



Turn in your unused and expired drugs ANONYMOUSLY to our new

Prescription Drug Drop Box



WHEN:

Normal Business Hours

WHAT CAN BE DROPPED OFF:

Controlled and Non Controlled Medicine

WHAT IS NOT ALLOWED: Needles and Syringes

MUSC Public Safety 101 Doughty St

More Information

- · This is the only drug drop off box in Charleston, SC · The box will be checked daily and the drugs will be disposed of in accordance with Federal and State laws
- · Prescription medications are among the most abused substances in the United States
- Generation Rx is a program within APHA-ASP whose goal is to prevent the misuse and abuse of prescription
- For more information visit www.rxdrugdropbox



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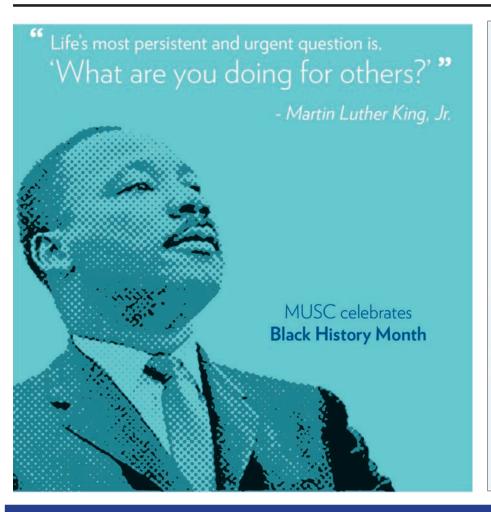


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