

*Medical University of South Carolina*



*RDs gather on September 27, 2019 for a picture with the South Carolina Governor's Proclamation of Malnutrition Awareness Week.*

## *Inside the Issue*

### WAY TO GO!

Join us in congratulating RDs on their achievements in practice, skills competency, and advanced certifications! p. 2

### PRESENTATIONS

RDs were busy over the last quarter sharing their expertise and presenting research to groups locally and nationwide. p. 2-3

### ACTIVITIES

Check out some of the activities MUSC RDs participated in to increase their industry knowledge, involvement, and service to patients. p. 3

## INTRODUCING THE MUSC CLINICAL NUTRITION UPDATE

*by Rachel Werkheiser and Jennifer Charette,  
Clinical Nutrition Managers*

Welcome to the inaugural *Clinical Nutrition Update* - our quarterly publication to recognize the amazing contributions and accomplishments of the Registered Dietitians (RDs) at MUSC. We hope you find the information informative and inspiring. We welcome comments, high-fives, or story ideas. Connect with us by emailing [werkheis@musc.edu](mailto:werkheis@musc.edu) or [charettj@musc.edu](mailto:charettj@musc.edu). Please enjoy our first issue and share with your friends and colleagues!





Kristi Fogg, RD, LD, CNSC (far right) with colleagues at NPCQIC.

## PRESENTATIONS

- *Amanda Peterson, RD, LD* presented at the 2019 SC RNA Fall Meeting for Renal RDs and Social Workers in October on the topic of "Complex Issues, Counseling, and Care for Patients After Bariatric Surgery."
- *Amy Bilbo, MS, RD, CSO, LD, CNSC* presented information on Relizorb to RD peers and GI physicians in October.
- *Kathryn Adel, MD, RD, CSSD, LD* presented information by request on the topic of healthy eating during the holidays to the MUSC Department of Comparative Medicine, division of Laboratory Animal Resources in October.
- *Abbie Hebron, RD, LD* presented her poster entitled "Development of Nutrition Protocol Using Process Improvement Tools" at the MUSC Performance Improvement conference in October.
- *Kristi Fogg, RD, LD, CNSC* presented results of a year-long QI project at the National Pediatric Cardiology Quality Improvement Collaborative in November.



Abbie Hebron, RD, LD

## WAY TO GO!

*Rebecca Fuller, RD, LD, CNSC* recently completed the first ever Dietitians in Nutrition Support Advanced Practice Residency program!



Rebecca was the first RD in the country to complete this intensive residency focused on nutrition support, which was comprised of 26 weeks of advanced education topics, followed by 6 monthly courses, and a week of on-site training at the Cleveland Clinic. The program culminated with the completion of her capstone research project entitled "The Impact of Implementing an Enteral Nutrition Protocol in the Cardiovascular ICU on Nutrient Delivery and Outcomes."

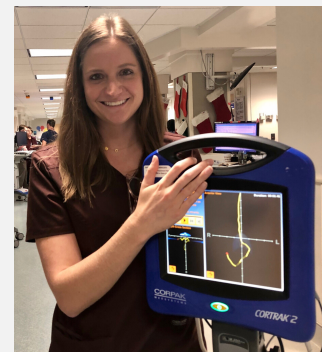
*Congrats!*

## AMY BILBO

on successfully renewing her CNSC credential

## LAURA NANCE

on successfully renewing her CDE credential



High-five to *Maureen Pryatel, RD, LD, CNSC* who recently completed the CORTRAK EAS tube placement competency program!



## ACTIVITIES

MUSC RDs *Debbie Petitpain, Molly Mills, and Kathryn Adel* attended the Academy of Nutrition and Dietetics annual Food and Nutrition Conference and Expo in October.



From left: Nina Crowley, Kelli Miller, Debbie Petitpain, and Molly Mills

.....

*Amber Johnson, RD, LD* attended the North American Society for Pediatric Gastroenterology, Hepatology and Nutrition conference in October.



Amber also co-authored an article with Dr. John-Mark Stone in *Lowcountry Parent* regarding tips for healthy habits during the holidays.

.....

*Julia Terese, RD, LD* attended the Pediatric Feeding and Swallowing: Advanced Multidisciplinary Care conference in September.



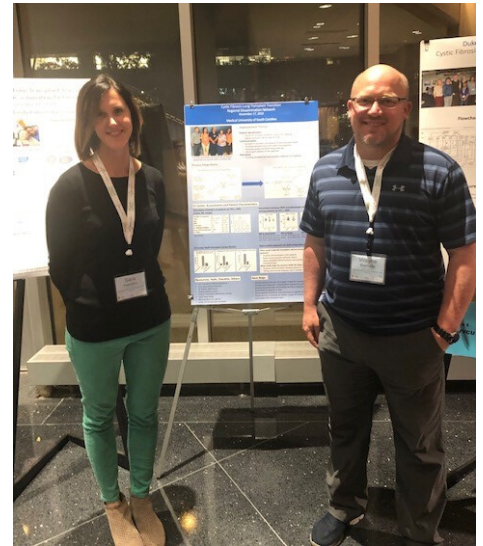
Pediatric RDs created a PEG tube education binder to help patient families better understand the process of PEG tube placement and troubleshoot issues.

Creativity is intelligence  
having fun.

ALBERT EINSTEIN

## PRESENTATIONS *cont.*

- *Sara Hendrix, RD, LD, CNSC* presented "Tube Feeding Tips & Tricks" in a Discipline Group Session at the North American Cystic Fibrosis Conference in October.
- Sara also presented a QI project completed in collaboration with MUSC Respiratory Therapy at the Cystic Fibrosis Lung Transplant Transition Regional Dissemination Network (LTT RDN) National Summit in November.



*Sara Hendrix, RD, LD, CNSC (left) with colleague.*



*Laura Dority, MS, RD, LD*

- *Laura Dority, MS, RD, LD* presented on the topic of "Implementation of the KDT in the NICU and Beyond", as well as a Type 1 Diabetes case study at the Summit on Ketogenic Diet Therapies in September.
- Laura also participated in a round table discussion with leaders from other top keto centers in the region at the Cambrooke Ketogenic Advisory Conference in October.
- In addition, Laura recently joined the Sodexo Pediatric Expert Panel as a Ketogenic Expert.

## PUBLICATION

- *Lauren Sams, MS, RD, CSP, LD* and NICU Graduate Clinic colleagues recently had their research article entitled "Growth in the high risk newborn infant post discharge: results from a NICU nutrition follow-up clinic" accepted into the Nutrition in Clinical Practice journal.



*Lauren Sams, MS, RD, CSP, LD*

HAPPY  
*holidays*