INTRODUCING THE MUSC CLINICAL NUTRITION UPDATE

by Rachel Werkheiser and Jennifer Charette, Clinical Nutrition Managers

Welcome to the inaugural Clinical Nutrition Update – our quarterly publication to recognize the amazing contributions and accomplishments of the Registered Dietitians (RDs) at MUSC. We hope you find the information informative and inspiring. We welcome comments, high-fives, or story ideas. Connect with us by emailing Werkheis@musc.edu or Charetj@musc.edu. Please enjoy our first issue and share with your friends and colleagues!
PRESENTATIONS

- Amanda Peterson, RD, LD presented at the 2019 SC RNA Fall Meeting for Renal RDs and Social Workers in October on the topic of "Complex Issues, Counseling, and Care for Patients After Bariatric Surgery."
- Amy Bilbo, MS, RD, CSO, LD, CNSC presented information on Relizorb to RD peers and GI physicians in October.
- Kathryn Adel, MD, RD, CSSD, LD presented information by request on the topic of healthy eating during the holidays to the MUSC Department of Comparative Medicine, division of Laboratory Animal Resources in October.
- Kristi Fogg, RD, LD, CNSC presented results of a year-long QI project at the National Pediatric Cardiology Quality Improvement Collaborative in November.
PRESENTATIONS cont.

- Sara Hendrix, RD, LD, CNSC presented “Tube Feeding Tips & Tricks” in a Discipline Group Session at the North American Cystic Fibrosis Conference in October.
- Sara also presented a QI project completed in collaboration with MUSC Respiratory Therapy at the Cystic Fibrosis Lung Transplant Transition Regional Dissemination Network (LTT RDN) National Summit in November.

Laura Dority, MS, RD, LD presented on the topic of “Implementation of the KDT in the NICU and Beyond”, as well as a Type 1 Diabetes case study at the Summit on Ketogenic Diet Therapies in September.
- Laura also participated in a round table discussion with leaders from other top keto centers in the region at the Cambrooke Ketogenic Advisory Conference in October.
- In addition, Laura recently joined the Sodexo Pediatric Expert Panel as a Ketogenic Expert.

PUBLICATION

- Lauren Sams, MS, RD, CSP, LD and NICU Graduate Clinic colleagues recently had their research article entitled "Growth in the high risk newborn infant post discharge: results from a NICU nutrition follow-up clinic" accepted into the Nutrition in Clinical Practice journal.

ACTIVITIES

MUSC RDs Debbie Petitpain, Molly Mills, and Kathryn Adel attended the Academy of Nutrition and Dietetics annual Food and Nutrition Conference and Expo in October.

Amber Johnson, RD, LD attended the North American Society for Pediatric Gastroenterology, Hepatology and Nutrition conference in October.

Amber also co-authored an article with Dr. John-Mark Stone in Lowcountry Parent regarding tips for healthy habits during the holidays.

Julia Terese, RD, LD attended the Pediatric Feeding and Swallowing: Advanced Multidisciplinary Care conference in September.

Pediatric RDs created a PEG tube education binder to help patient families better understand the process of PEG tube placement and troubleshoot issues.

Creativity is intelligence having fun.

ALBERT EINSTEIN

Happy holidays

Lauren Sams, MS, RD, CSP, LD

From left: Nina Crowley, Kelli Miller, Debbie Petitpain, and Molly Mills

Sara Hendrix, RD, LD, CNSC (left) with colleague.

Laura Dority, MS, RD, LD

Lauren Sams, MS, RD, CSP, LD