

ERGONOMICS PROGRAM SYMPTOMS SURVEY

Date _____

Name (Last, First, Middle Initial) _____

Date of Birth: _____

Date of Hire: _____

Campus Address (Ex: North Tower Rm: 295): _____

Work Number: _____

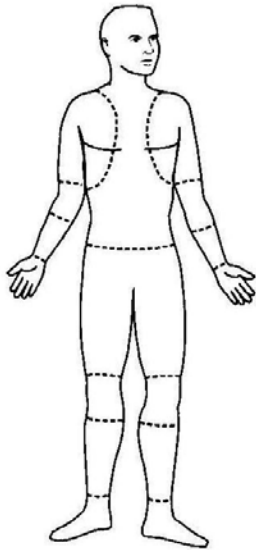
Hours worked/week: _____

Have you had any pain or discomfort during the last year?

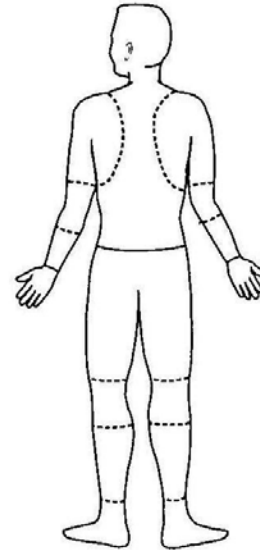
Yes

No

If YES carefully shade in the areas of the drawing where the pain occurs.



Front



Back

- Check Area: Neck Shoulder Elbow/Forearm Hand/Wrist Fingers
- Upper Back Low Back Thigh/Knee Low Leg Ankle/Foot

Please put a check by the word(s) that best describe your problem.

- | | | |
|--|--|-----------------------------------|
| <input type="checkbox"/> Aching | <input type="checkbox"/> Numbness (asleep) | <input type="checkbox"/> Tingling |
| <input type="checkbox"/> Burning | <input type="checkbox"/> Pain | <input type="checkbox"/> Weakness |
| <input type="checkbox"/> Cramping | <input type="checkbox"/> Swelling | <input type="checkbox"/> Other |
| <input type="checkbox"/> Loss of Color | <input type="checkbox"/> Stiffness | |

When did you first notice the problem? _____ (Month) _____ (Year)

(Continued)

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How long does each episode last?

1 Hour 1 Day 1 Week 1 Month 6 Months

Signed By _____

How many separate episodes have you had in the last year? _____

What do you think caused this problem? _____

Have you had this problem in the last 7 days? Yes No

On a scale of 0 to 10 (with 0 = no pain and 10 = E.R), how would you rate this problem?

NOW: _____ When it is the WORST: _____

What makes it better? _____

Have you had medical treatment for this problem? Yes No

If, NO, why not? _____

If YES, where did you receive treatment?

Employee Health Services Times in past year _____

Personal doctor Times in past year _____

Other (please specify) Times in past year _____

Did treatment help? Yes No

How much time have you lost in the last year because of this problem? _____ Days

How many days in the last year were you on restricted or light duty because of this problem? _____ Days

Please comment on what you think would improve your symptoms.

Supervisor: _____ Phone Number: _____

Please have your supervisor sign and fax completed forms to Occupational Safety and Health Programs (792-0284).