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SCHOLASTIC RECORD

*PhD – Dec 2004 from Tanjore Tamil University, Tamilnadu – Anti Asthmatic activity of Medicinal Plants – **Melothria madras patna & Aegle marmelos***

BSMS – 1992 Graduation in Siddha Medicine from Madurai Kamaraj University, Tamilnadu – the oldest traditional system of medicine

Certificate course in “Palm Leaf Manuscript Reading” – 1990 from Tanjore Sarfoji Saraswathy mahal Library – A special skill to read & interpret age-old palm leaves containing the formulae for making medicinal formulations.

ACADEMIC CREDITS

PUBLICATIONS:

PEER VIEWED INDEXED JOURNALS

2012- Potential Effects of Nichi Glucan as a Food Supplement for Diabetes Mellitus and Hyperlipidemia: Preliminary Findings from the Study on Three Patients from India

[Vidyasagar Devaprasad Dedeepiya](#), [Gurusamy Sivaraman](#), [Athi P. Venkatesh](#), [Senthilkumar Preethy](#), and [Samuel J. K. Abraham](#)

2003- ‘Concept of Siddha Nutraceuticals’ - ISHS Acta Horticulturae 680: III WOCMAP Congress on Medicinal and Aromatic Plants - Volume 6: Traditional Medicine and Nutraceuticals

Popular Books Written

- 1) Anti Microbial Activity of Siddha Medicinal Plants – **1995**
- 2) “VANGHA VAZHALAM” - a compilation of medicinal articles written in the regional language in a popular Tamil magazine named TAMIZHAN EXPRESS- **2003**
- 3) Venir Kalaththil Vendum Vazhakkangal”-A compilation of Healthy Life style Practices
- 4) Azhagum Arokkiyamum-Tamil book-**2009**
- 5) Ezham Suvai-Tamil Book on functional foods - **2010**
- 6) Ethu Sirantha unavu-Tamil book on foods - **2011**
- 7) Marunthena Vendaavaam-Tamil book on healthy living - **2012**
- 8) Narumanamoottigal-tamil book on spices- **2013**
- 9) Aaraam thinai- volume -1 (best and No-1 seller in Chennai Book exhibition 2014- column in Anandha vikatan, a most popular Tamil weekly magazine) **2013**
- 10) Aaraam thinai- Volume-11 **2013**
- 11) NALAM 360* - Tamil Book **2014**
- 12) Sutramum soolalum natpum (Tamil book- compilation of articles written about health and environment) **2014**
- 13) Anjarai pettiyum arusuvayum – (Folk and Siddha medical recipes for people oriented medicine) **2015**

- 14) Nattu Maruthu kadai (Tamil descriptive book on few common Siddha Herbs) **2016**
- 15) Uyirpizhai (First Tamil book about various carcinoma- prevention, management and integrated approach) **2016**
- 16) Nallunavum Nalavazhvum 2017**
- 17) Uyirmei** (A popular series about various medical, psychological and social aspects of fertility and infertility treatment) 2017
- 18) inna Narpathu 2019

INTERNATIONAL Conferences and Lead lectures

- Jan 2020- plenary lecture at Britain's tamils Conference at London UK
- July 2019- key note address in GTEN event at FETNA, and World Tamil conference, Chicago, USA
- **January 2018- Keynote speaker in International AYUSH Conference at Dubai**
- **July 2016-** Ulaga Arangil Siddha maruththuvam- lead lecture on Siddha medicine at FeTNA 2016 convention, **New Jersey, USA**
- **June 2016-** the role of Siddha Medicine to boost innate immune system against NCDs- in the conventions organised by Toronto Tamil Sangam and Udhayan tamil Magazine at **Toronto and Montreal, Canada**
- **March 2015-** lead lecture on Siddha medicine and Non- communicable diseases in the workshop organised by Nalavazhvu, **Zurich, Switzerland**
- **April 2015** - Functional foods on Tamil Culture and Siddha medicine , at Indian Cultural centre **Abudhabi**
- **Nov 2014-** Importance of traditional food practices and lifestyle to combat NCD organised by Jeddah Tamil Sangam, at Indian Embassy hall, **Jeddah, Saudi Arabia**
- **Nov 2013-** lead lecture about **“Siddha therapeutics for various carcinoma and stress disorders”** at **International conference on Siddha medicine**, organized by **Dept of TCM, MoH, Kuala Lumpur Malaysia**
- **Feb 2013** - gave plenary lecture on **Role of Siddha medicine in combating Non Communicable Diseases** in International Siddha Conference, organized by University of Malaya, at **Kuala Lumpur, Malaysia**
- **APRIL 2012-** provided key note address on **“Combating Cancer with Siddha Medicine”** in International Ayurvedha Siddha Conference in GOPIA International Convention at **Kuala Lumpur, Malaysia**
- **Nov 2011-** Presented poster **“AHPL02SP11, A herbo mineral Siddha medicine inhibiting Hs696 cells proliferation through apoptotic signaling mechanism”** in **8th international Conference on integrative oncology at Cleveland ,United States of America-**
- **Nov 2009-** Participated as invited speaker in **Traditional Gatherings at Yaoundé, Cameroon, Central Africa**-an Initiative of UNAIDS and French Senators group for strategy development in positioning Traditional Medicine, in the mainstream healthcare management in developing nations
- Participated in **FIE 2007, London-** to provide technical exposition (Organized by Centre for promotion of imports from Developing Countries, **Netherlands**)
- **Sep 2007-** Presented a paper on **Varma therapy - Specialties and Peculiarities of Siddha Medicine at Ayurvedha2007, Colombo, Sri Lanka**
- Jul 2007-Participated as resource person in **Siddha and Presented a paper on Siddha Healthy living through Siddha system of Medicine, in the Fifth International conference, INTRACOM2007 Organised by Ministry of Health, Malaysia and WHO, at Kuala Lumpur Malaysia**

- **Feb 2007**-Presented a paper on **Siddha System of Medicine in First Symposium on T/CM in Kulalumpur, Malaysia**
- **Aug 2006**,-participated in the technical exposition of Moolgiri-Low Glycemic rice at Fancy Food show 2006,Newyork,**USA**
- **Dec 2006** - as a member of the delegates team, visited **Business development Consortium, University of Sydney, Sydney, Australia**
- **Dec 2006**- Visited with the delegates team to **Freedom Foods, Auckland, New zealand**
- **Jan 2006** - participated in the technical interaction with Dept of Human nutrition, University of Sydney, Sydney, **Australia**
- **Dec 2005** - participated in FIE 2005, Paris, **France**
- **Aug2005** - visited University of Connecticut, Connecticut **USA**
- **Jul 2005** - participated in clinical trial discussion at GI Labs, Toronto **Canada**
- **Feb. 2005** – Participated in FI Asia China 2005 conference on Functional Food Ingredients at Shanghai, **China**
- **June 2003** – Presented a paper on ‘**Concept of Siddha Nutraceuticals**’ at WOCMAP III, Chang Mai, **Thailand** –Proceedings published in Acta Horticulturae-an index journal
- **April 2001** – Participated in Siddha Lifestyle conference at Kuala Lumpur, **Malaysia**

NATIONAL Conferences and Lectures

- 2018- Lead lecture in National Siddha Conference, on Siddha Day 2018, Chennai
- **2016- Integrating AYUSH- in various carcinoma care- plenary lecture-** organised by Dept of AYUSH AND Life science international magazine, **Mumbai**
- **2015- Reverse Pharmacological approach for NCD management- Need of the hour** National Conference on biotechnology Pondicherry, organized by Pondicherry university
- **2014- functional foods for Women-** National workshop on Obstetrics and Gynecology, organized by **CCRS & RRI Pondicherry**
- **2013-** Delivered a lead lecture on “**Herbs and Health**” at National Conference, organized by Institute of Basic Medical Sciences, University of Madras
- **2012-** Delivered a lead lecture on, “**Pain Management with Siddha**”- in Thulir-3 Forum, workshop at Chennai
- **2010- Delivered Lecture & Chair a session in Siddha medicine in** “World classical Tamil Conference”,**Coimbotore, India-** “Nalaiya Noikalukkana indraiya nambikkai”
- **2009** - Role of Functional food in combating NCD, **at National Seminar on Food Processing Technology,organized by Ministry of Food Processing, MOP Vaishnava college**
- **2008- Role of Traditional medicine & Herbal Remedies in the management of HIV Disease** - An overview, presented at Govt Hospital for Thoracic Medicine Thambaram, India
- **2008- Mechanism and Impacts of GMO in Indian agriculture, NewDelhi, India**
- 2008- **gave Plenary lecture on** Nurturing CVS with Natures Gift, **organized by The Hindu and SRMU, Porur**
- **2008- The role of Siddha Medicine in combating Geriatric care and NCD** at National Conference on Siddha Medicine
- **2006-** Organizing Secretary for 4th National Siddha Conference, Chennai, India
- **2003- The role of Siddha System of Medicine in Combating HIV Disease, DST Conference,** Tamil University Thanjavur
- **2002** – **Scope of Siddha Functional Foods** at EXIM Bank workshop, Coimbotore
- **2000** – **Nutraceuticals of Siddha System of Medicine**– I National Siddha conference, Chennai
- **1994** -Anti Microbial Activity of “**NANDU THENEER** ”IMPCOPS National Seminar
- **1993** –Treatment of HIV / AIDS in the concept of “**ELAIPPU NOI**” at the National Conference on HIV / AIDS , Chennai
- **1992** – “**Growth of Siddha Medicine**” at NewMillennium Siddha conference, Tiruchi

- **1990 -“SANGU PARPATHHIN AATCHI”**(Anti Microbial activity of CONCH SHELL) – National Conference on Siddha Medicine

CAREER RECORD

Since 1995,:

Chief Siddha Physician, **Arogya Siddha Hospital**, Chennai

Managing Director – **AROGYA HEALTH CARE (P) LIMITED**, Chennai

- A licensed manufacturer of 90 Siddha formulations useful in curing ailing patients with various health problems.
- Managing a multi-specialty hospital in Siddha & Ayurveda systems of medicine and Yoga, Varma & Pancha Karma Therapeutic process
- Providing research consultancy for leading Herbal Pharmaceuticals in India & Abroad

2001-2006:

- **Head -Research and Development-** Tajmahal Agro Industries Private Limited, an ISO & HACCP company at Chennai who is the exporter of Low Glycemic rice and food products.

2006-07

- **Product Development Consultant & Advisor-**SKM Siddha and Ayurvedhic medicines India Pvt Ltd, Erode, India

2001- July 2010:

- **Joint Secretary** – Health India Foundation, Chennai a NGO providing clinical care and support for HIV / AIDS patients, through Integrated Medical Management. Approximately 10,000 patients are being taken care of by providing periodic Medicare and counseling

Open Lectures on Traditional food and lifestyle

- Gave lead lectures on Traditional functional foods in 55 Colleges,(75000plus college students), in Tamizh Mannae Vanakkam , an initiative by Vikatan publications, Chennai, India
- Gave 250+ lead lectures in various professional organizations in Tamil Nadu and other states of India to promote build awareness in traditional functional organic foods and millets
- Gave popular lectures in USA, UK, UAE, Malaysia and Saudi Arabia arranged by various cultural forums

Professional Milestones:

From 2021- Member, State Planning Commission, Govt of Tamilnadu

From 2019- now, Member Scientific Advisory Committee, National Institute of Siddha

From 2018- Member, Institutional ethical committee, CCRS

From 2017- 2020 Member, National Siddha Pharmacopeia Committee, AYUSH

From 2015- 2017 Member, General Body, National Institute of Siddha, Chennai

From 2012- Member, Scientific Advisory Committee, National Institute of Siddha, Chennai

From August 2011-2015 Member, Auyurvedha Siddha Unani Drugs Technical Advisory Board (ASUDTAB)- Govt of India

From June 2011-Member, Working Group (AYUSH)-12th Planning Commission of India
From 2010-2014 - **Member, Expert Committee, TKDL Project of Dept of AYUSH, Govt of India**

From 2008-2016 - **Member, Institutional Ethical committee, National Institute of Siddha, Thanmbaram**

From 2008-2011 **Member, High power Technical committee, IMPCOPS, Chennai**

From 2006 to 2013 Member- National Siddha Pharmacopoeia Committee, AYUSH

From 2001 to July 2010 -**Jt. Secretary, Health India Foundation, Egmore**

Former Editor-**"Poovulagu"**-environment magazine, poovulagu Minmini, Magazine for children

Awards

- **Best writer award Journalism for development & Social change for the year 2013**
- **Best Doctor Award-** conferred by **Tamilnadu Dr. MGR Medical University** for exemplary contribution in the field of Siddha Medicine On April **2012**
- **Top 10 person of Tamil Nadu 2014**, Awarded by lead Tamil magazine Anandha vikatan Tamilnadu
- **Writer Sujatha award for best small Tamil magazine 2010 – Poovulagu**
- **SKM- Best Clinical Practitioner award for 2010**
- **Tamil Nadu Govt. Best book award for the year 2004** for the book **Vaanga vaazhalam**